

Saturday 21st May 2016 - 12.00 till 4.00pm Venue - Lancing Manor Leisure Centre, West Sussex BN15 0PH.

Sunday 22nd May 2016 - 0900 till 12.00 noon Venue - Unit 3-4 Northbrook Trading Estate, 20 Northbrook Rd, Worthing, BN14 8PN,

£15.00 each day or £25.00 for both days. Limited 20 places only

All invited to refreshments after Saturday's session. Please contact Simon McCarthy to confirm your place on simon.m@designlsm.com or 07977 070040.