



ENGLISH GOJU RYU KARATE-DO ASSOCIATION

**EGKA Spring Gasshuku led by
Sensei Ernie Molyneux,
8th Dan EGKA Chief Instructor & IOGKF World
Vice-Chief Instructor along with other EGKA
Senior Instructors.**

20-22 March 2020

This year's EGKA Spring Gasshuku will be led by Sensei Ernie Molyneux, supported by EGKA senior instructors.

The event is being held at the Harris Academy, Morden, Surrey.

Training schedule

	Friday 20/3	Saturday 21/3	Sunday 22/3
Adults/Cadets* - black belts only	19:00-21:00		
Adults/Cadets* -all grades		12:00-16:00	10:00-14:00
Children – all grades		10:00-11.30	

*** Cadets are aged 14-17**

There is one session on 21 March specifically for children under 14. Cadets aged 14 and over can train in the main sessions at their instructor/parent's discretion.



Costs

	3 days	Saturday/Sunday	Friday	Saturday	Sunday
Adults	£75	£65	£20	£35	£35
Cadets	£40	£35	£10	£25	£25
Children				£10	
Non-IOGKF	£120	£90	£35	£50	£50

Family training concessions available – third family member goes free

Registration

So that we can arrange the teaching rotas, pre-registration is required. Please send the following details to Sensei Linda Marchant at gojulinda@live.co.uk:

Name
Grade
Age
Dojo
Sessions attending

Please pre-register by 14 March 2020.

Registration on the day will take place before training, so please allow time.
Please make cheques payable to 'EGKA' or, if paying by cash, bring the correct amount.

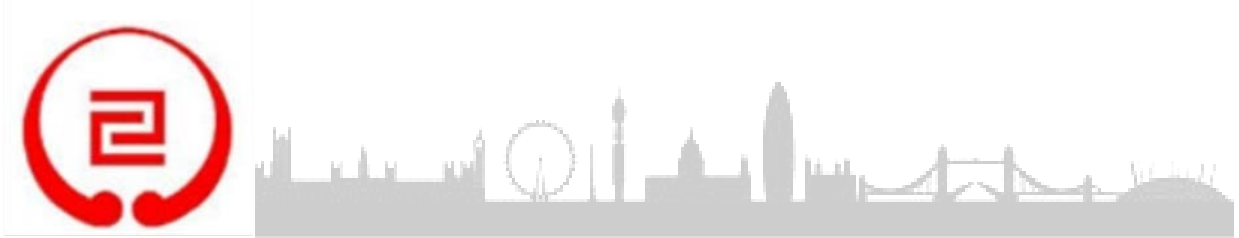
T-shirts

There are no t-shirts this year.

Venue

The Gasshuku will take place at:

Harris Academy Morden,
Lilleshall Road,
Morden,
Surrey,
SM4 6DU



There will be a juice stall, where you can buy tea, coffee and some snacks. There are a number of shops in the vicinity.

Travel

The venue is easily accessible by public transport and is close to the A3 and M25. Please use <http://www.tfl.gov.uk> to plan your journey by public transport.

Tube

Morden tube station is the closest (about 1 mile walk).

Train

There are 2 stations close by – Morden South and St Helier. Both are on the **Thameslink Loop** which goes into London. The journey time is approx. 30 minutes to London Blackfriars.

Car.

The A3 and M25 are nearby, providing easy access from all parts of the UK. Parking is available at the Academy, although numbers are limited.

Hotels

Budget hotels

London Wimbledon Morden Travelodge – Saver rate available per night for a double room, **2 miles from venue**

<http://www.travelodge.co.uk/hotels/51/London-Wimbledon-Morden-hotel/hotel-details>

London Balham Travelodge – Saver rate available per night, **4 miles from venue**, next to Balham underground station, which is 5 stops from Morden on the Northern Line

<http://www.travelodge.co.uk/hotels/555/London-Balham-hotel/hotel-details>

Mid-priced hotels

Holiday Inn Express London Wimbledon South – Advance rate available per night for a double room, **3 miles from venue**, 2 stops from Morden on the Northern Line.

<http://www.hiexpress.com/hotels/us/en/reservation/roomrate>

See also:

<http://www.premierinn.com/en/hotel/LONMER/london-wimbledon-south>

<http://www.roseandcrownwimbledon.co.uk/hotel-overview.php> Wimbledon Village Pub/Hotel, 4 miles from venue

<http://whiteharthoteluk.co.uk/> Kingston Pub/Hotel, 7 miles from venue



<http://www.cannizarohouse.com/> Wimbledon Village, luxury hotel, 4 miles from venue

The venue is only 30 minutes from central London by tube, so there is also the option to stay somewhere more central.

There are plenty of hotels in the area, so if you're not sure, call Sensei Linda on 07771 932 963 or email her at gojulinda@live.co.uk

I look forward to seeing you all soon!

Kind regards

Sensei Ernie Molyneux
Chief Instructor, EGKA